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Cyanocobalamin- Problem to Your Deficiency by [Anuradha](#)

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Vitamin B12 is a deficiency that can be caused by infections, certain diseases or may be lack of natural substances needed to absorb vitamin B12. Sometimes we take medicines that decreases the tendency of vitamin B12 absorbed from vegetables and food. If there is lack of vitamin B12 in our body it can cause anaemia and can also causes damage to the nerves. Cyanocobalamin is the injections that completely inject in our blood stream to increase the supply of vitamin B12 in our body.

Cyanocobalamin is a solution that injected in our skin by a doctor only. Initially you have to take the injection daily and when your cells come back to normal you have to take the injections after every 2 weeks and when your anaemia is completely get well then you have to take it after 1 month so as to prevent yourself from the deficiency of vitamin B12. Within 1 week you can get positive results. Make sure that Cyanocobalamin will provide you vitamin B12 as long as you continue to take it. Thus, don't stop taking the injections.

It is also used to prevent methylmalonic aciduria. Methylmalonic aciduria is an inherited disease which stops the breakdown of protein in our body. It can be also given to unborn babies but only after the doctor's advice. When doctor advice you to take Cyanocobalamin injection tell your doctor if you are allergic to any type of medicine and also about the other medicines you are using regularly. Also, tell your doctor if you consume alcohol or ever consumed in past and also tell about your smoking habits. Also, tell your doctor if you are pregent or breast-feeding or plan to become pregent soon.

Also, ask the doctor the amount of dose you take of this medicine. The doctor will give you the dose according to your problem that how serve it is and the treatment and diet will depend according on that. Moreover, you need not to find out this injection here and there. Your doctor will prescribe it and in case he or she doesn't have you can get it from medical stores or health care centre.

Take a lot of fruits and vegetables along with Cyanocobalamin. Also, take any special diet if doctor recommended you to have. Also, contact your doctor immediately in case you forget to take injection. Don't dare to take any extra dose it may harm you very badly. If you find out any signs of leg pain, muscle weakness, diarrhoea, tiredness, swelling, coughing, fast heartbeat, confusion, headache, hives, dizziness, rash, red skin colour then immediately contact your doctor. It may happen that injections are not suiting you.

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Feel free to have a look at TruMed Canada a Canadian Online Pharmacy for a [Cyanocobalamin](#) and a [Heartgard Plus](#)

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