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Before we begin our journey tossing some light on the diverse aspects of diving suits, let's acquaint ourselves what exactly a diving suit is?

A "diving suit" is a garment or device that is designed to protect a diver from the underwater surroundings. It typically also integrates an air-supply. It is fabricated to safeguard from the chilly temperatures of the depths. As a result, there are some wetsuits that perform the dual function of safety and acts as the first line of defense against scratch from jellyfish stings, corals and excessive exposure to the sun when cruising warm water environments. Scuba diving gear consists of several individual paraphernalia that play a very important role when it comes to making your diving experience worthwhile. Nevertheless, nothing can disclaim the fact that the market is so much occupied with countless diverse equipment that it really becomes perplexing at times which one to pick and which one to drop. Thus, you need to be distinct about the equipment and accessories that you would need for making your diving a delightful adventure.

How Diving Suits Protect Your Body?

When you are on the brink of pursuing the task of diving into the water, protecting your face and body while underwater is a crucial thing that you should take into account. Since you will remain underwater for most of the time, it becomes necessary for you to be protected from the unpleasantly cold waters. You can get your hands on a wide range of diving suits and they don't burn a hole in your pocket. You can choose the one that suits your requirements and doesn't prove to be an expensive affair for you.

What are the benefits of a wetsuit?

The wetsuit was initially designed to protect the wearer from hypothermia. It is a condition in which the body heat drops below what is required to maintain normal metabolism and body function. Scuba divers that employ wetsuits relish a variety of benefits in which they are offered a degree of protection from abrasion against coral reefs when they are diving in the middle of the reefs. Another benefit of using a wetsuit is that the users of these suits are also guarded from the perilous ultraviolet rays from the sun. Therefore, the use of sunscreen is diminished over those parts of the body that are sheltered by the suit. Wet diving suits are reasonable soft suits that are used for water temperatures between 10 to 25°C. On the other hand, dry suits are thicker than wetsuits and may be used in water where the temperature ranges from -2 to -15°C.

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[Diving Locker](#) - About Author:

Diving Locker is based in Vancouver and offers a [scuba diving](#) courses to the diving enthusiasts with the help of friendly and qualified instructors. It offers snorkeling equipment, a [prescription dive](#) and snorkeling masks, new and used SCUBA gear, etc.

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