



Article Side

A Beginner's Guide to Using a One Hitter [Abbott Brown](#)

Article published on February 14th 2012 | [Shopping](#)

Smoking has been around for centuries. Most people smoke for the benefits of their enjoyment. They use it as a way to relax their mind or to relieve stress. Smoking has evolved in so many ways over the centuries. People no longer roll up the herbs or leaves and light them up. Pipes of all shapes and sizes were invented as a solution for a more enjoyable smoking ritual. One of the smoking tools is the one hitter. A lot of people, even smokers are not fully educated on everything about one hitters, and there is always more to learn.

A one hitter is a smoking pipe that has a small bowl which can only fit enough of whatever smoking substance you prefer for one single inhalation. The name "one hitter" means that this pipe only allows you a single hit of smoke each time you light it up.

The one hitter has been around for quite some time. In the past the one hitter was made of more basic materials such as clay or wood. Today, more innovations have been created for the one hitter. There now exist one hitters made of other more modern materials, such as glass and metal. One hitters come in very attractive designs and colours, in endless variations, so you can choose one that fits your heady personality and tastes.

A lot of people prefer to use a one hitter over everything else, but there are also some who dislike it because they find the smoke has a bad taste, or they inhale ash. Sometimes if the pipe is metal it will become too hot to hold. These complaints are understandable, but they come from a basic misunderstanding of how to use a one hitter the correct way. They are common complaints, but you should know that after practising with the one hitter for a few times, you will learn the proper technique.

One of the tips that you should follow to avoid inhaling the ash from your one hitter is to avoid using a smoking substance broken up into or made up of very small particles. If the particles are too small, then they turn into ash immediately when they are lit, and they are more likely to float together with the smoke that you inhale. To avoid inhaling the ash, use a smoking substance that is in slightly larger bits, so that when it burns the ash will stay in the pipe and not mix with the smoke.

There is also a technique in lighting the one hitter so that it does not get too hot. You should light up the one hitter for only a few seconds instead of lighting it on one end. You can also light up the one hitter when it is pointed to the ground so that it will not heat up really fast. The proper way of using a one hitter is to inhale the smoke slowly but steadily, which also prevents ash from pulling through the pipe. The last tip to avoiding these common one hitter woes is to always clean out your one hitter after using it; pipe cleaners work best.

Article Source:

<http://www.articleside.com/shopping-articles/a-beginner-s-guide-to-using-a-one-hitter.htm> - [Article Side](#)

[Abbott Brown](#) - About Author:

Are you having trouble finding the a [glass Pipes](#) to meet your smoking needs? a [Metal smoking pipes](#) are durable, high quality and easy to clean. Find the largest selection of a [one hitter](#) on sale.

Article Keywords:
glass bubblers

You can find more [free articles](#) on [Article Side](#). Sign up today and share your knowledge to the community! It is completely FREE!