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So we've dreamed the dreams, we've experienced the highs and the lows, and the London 2012 Olympics has come to an end. Not to worry, though there's still a two week Paralympic competition to enjoy, and plenty of great hotels to stay in while we do.

For anyone surprised at the continued high standard of cleaning and housekeeping services in London hotels during the 2012 Olympics it's been as much of an effort and a rehearsal backstage as it has been for the main events! ACT Clean's London housekeeping services, for example, have been practising their Olympic routines for as long as the athletes have, and all the hard work and dedication has shown in the results.

While Team GB's various members were training hard, getting up early, putting in the gym time, getting plenty of sleep, ACT's London housekeeping services were staying out late. Not because they were on the lash (unlike the endearingly honest member of Team GB drafted in for some last minute long distance running, who explained that being out on the town for two years wasn't the greatest training in the world!) but because they were putting in the work required to get their clients ready for the greatest show on earth.

For seven years, the London housekeeping services run by ACT have been developing routines in tandem with their client hotels: working out alternate transport arrangements, developing and testing night time cleaning schedules and unobtrusive housekeeping regimes.

Unobtrusiveness has always been a core value at ACT and it's a value shared by the majority of its client hotels, all of which offer big name services to sophisticated customers. With the extra strain placed on London's whole transport system by the influx of Olympic spectators, plus of course the additional weight of expectation levied by the guests at the hotels themselves, a well-developed training programme has been key to ACT's mastery of the last couple of weeks.

Working out alternative transport routes has only been part of the success story. From day one, ACT's London housekeeping services have worked closely with their partners in London's top hotels identifying and discussing concerns and problems, and putting new routines in place to make sure they are dealt with in the most successful way possible.

An Olympic gold medal isn't won on the strength of a single race: rather, that single race is the culmination of years, sometimes a whole lifetime, of effort and training.

It's the end result of planning and eating right and resting on the right days. It's backed up by the assistance and attention of hundreds of professionals - sports scientists; sports psychologists; sports coaches; physiotherapists. When the winning athlete passes the finish line, he or she does so in part because the people around him or her have paved the way so well.

The same can be said for the London housekeeping services supplied by ACT. All the men and women who run those services are the equivalent of the back room staff that make a runner famous.

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ACT Clean is a famous a [night cleaning services London](#) provider. They excel in window, floor as well as kitchen cleaning. They even offer London housekeeping services.

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