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Ultherapy - a Safe & Effective Non-Surgical Technique to Regain a Youthful Appearance by [Dr. Mark Schwartz](#)

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Are you anxious about surgical procedures? Ultherapy will offer not just relief from surgical procedures, but will regain your youthful appearance in time. Have you started to wonder about Ultherapy? It is a new non-surgical technique to tighten, lift and tone the neck, brow, eye, and face region effectively. Ultherapy treatment uses ultrasound to actually lift and tone sagging skin to improve the overall appearance of the face. Using ultrasound energy helps to rejuvenate skin and reverse the signs of aging.

What does Ultherapy exactly do?

Collagen is a type of protein that gives body tissues form, firmness and strength. As we age, collagen production slows down, leading to wrinkles, fine lines and other skin problems. Ultherapy uses ultrasound energy to specifically target fibromuscular or SMAS layer below the skin and gently heats the deeper tissue which in turn lifts and supports sagging skin.

Ultherapy treatment also initiates the production of new collagen to maintain the skin's youthful appearance. One of the astounding features of Ultherapy treatment is that it performs all these process without cutting or injuring the surface of your skin.

Like Botox treatments, Ultherapy treatment is also gaining recognition in the medical industry with its impressive results. Another impressive feature of this treatment is that it is just a 30 to 60 minute procedure. It uses the body's natural healing process to gradually strengthen the underlying tissues of your skin.

Is it safe?

Yes, it is. Ultherapy is 100% FDA approved and it is the first device to get FDA approval for tissue lifting.

Since it uses just ultrasound energy to initiate your body's own healing power it is considered to be safe than normal surgical producers.

As it performs the healing process without cutting the surface layer of skin, it is preferred by a large number of people who are anxious about surgical procedures.

Benefits of Ultherapy treatment:

- Usually, Ultherapy treatment is completed in a single 45-60 minute session
- Within 60-90 days, you will start to witness significant signs of improvement
- Surface of your skin will not be cut or injured during the treatment
- As it has no downtime, you will be able to resume your usual activities right away
- It can be combined with other treatments such as Botox to maximize the results.

Most often, patients with mild laxity might require just one treatment for a particular area but patients

with severe laxity need to undergo more than one treatment to get maximum results.

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Most of the plastic surgeonsâ€™™ in Manhattan use Ultherapy treatment as an effective alternate for surgical procedures. The author is an expert in the NY a [plastic surgeon](#) arena and has written many articles regarding Botox and minimally invasive cosmetic procedures in the past. More info visit a <http://www.drmarkschwartz.com>

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