



Article Side

The Ever Growing Sport of MMA and Its Leaders by [Joshua C Kozak](#)

Article published on May 11th 2012 | [Health](#)

Things can change in a blink of an eye within the sports world. It wasn't too long ago that everyone was talking about how fast NASCAR was growing. There were even some people that thought NASCAR had a chance to dethrone the NFL, but they have all since been silenced. The sport of NASCAR has been on a downward spiral which is most likely do to the economy. Mixed Martial Arts, or MMA, is the newest hot sport to surge onto the scene.

I don't honestly think that MMA will overtake the NFL, but MMA has a great chance to break into the top four sports. Its popularity has multiplied over the last 5-10 years with unheard of growth. It's hard to say how long this momentum could last for Mixed Martial Arts, given the momentum the sport has, and more specifically, the Ultimate Fighting Championship also known as the UFC.

The UFC is the NFL of the Mixed Martial Arts world so they have the world's best stable of fighter's. The UFC has also took the Title Belt for King Honcho of Las Vegas away from Boxing. Boxing has been a very sore loser ever since the takeover. Boxing needs to analyze how they lost the fight of most popular. First, all big fights are on pay-per-view. The UFC is great about free broadcast's labeled "UFC Fight Night" on Spike all the time. The best part about them is they don't just put benchwarmers out there, they actually put high quality cards together for the free events.

To really appreciate and enjoy the sport one must understand the positions, who is in control, and the transitions of control that take place. The ground game is highly misunderstood and seen are boring to the casual fan. To the casual fan, the ground game is not as exciting as standup. While I will agree with this in the amateur world, I adamantly disagree with it in the Pro's and UFC.

As fans learn more about the sport, they tend to enjoy the grappling side of the sport just as much as the stand-up. Move over NASCAR because MMA is in the building. Many see it breaking into the top four and going main stream. MMA is growing at a rate faster than any sport in modern history. They've already taken over Las Vegas and MMA is coming to your hometown next! From the amateur cage fighting at your local venue, MMA is taking over.

Article Source:

<http://www.articleside.com/health-articles/the-ever-growing-sport-of-mma-and-its-leaders.htm> - [Article Side](#)

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Article Keywords:

weight loss motivation, mma workout