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Some modern techniques of hair loss treatment by [Makjonson](#)

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If you are suffering from hair loss, then there are two modern techniques that you can try for yourself. There are mainly two course of action, the hair loss medication and the hair loss treatment. Medication means simply to stop the hair loss at the given moment with the help of prescribed medication like creams, ointments etc. whereas the treatment ensures a replacement of the lost hair with the help of artificial hair or the donor hair from other parts of the scalp.

In fact for people who are having thinning strands of hair due to excessive loss of hair earlier can undergo the hair replacement therapy. It is a simple process which involves the removal of individual follicles and then implantation of those follicles in the affected area. These follicles take the roots within the scalp and then fall out leaving the root behind. This root than grows up into the natural hair. In case of the hair medication, it offers an alternative medicine in case of mild hair loss and thinning of hair.

There are three kinds of basic hair loss treatment available. Two of them are artificial and invented by human. These treatments consists of artificially synthesised compounds that stops the production of DHT which is a hormone related to the testosterone. This particular hormone causes baldness. In case of the human invented treatment, this hormone is slowed down in patients suffering from hair loss with the help of outside medication. In some cases in fact there can also be re growth of the hair seen in patients undergoing this treatment.

The other alternative is a simple diet which can be followed with strict discipline. Good and ample intake of the vitamins and the minerals can play a major role in stopping the hair loss by strengthening the hair follicles as the recent research has proven that malnutrition can be one of the main reasons for hair loss. So which one would you choose hair loss medication or the hair loss treatment? The choice is entirely yours. It mainly depends on the extent of hair loss that you have suffered.

Whichever process you choose, make sure to pay heed to the advices of the expert physician as he is the ideal person who would help you in making the correct choice about your health. Now the medication is a good alternative since the replacement therapy can be expensive as well as painful.

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