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Like all natural and living beings, hair also has its own life span. At the end of its growth, the hair is shed. Hair loss is a normal process irrespective of male and female. According to the medical science, losing 50-100 hair in a day is quite normal. However, when this normal rate is exceeded, it can be taken as abnormal hair loss. Experiments in medical field are constantly going on for hair loss cure.

Preventions taken to restrain hair loss

Researches throughout the globe are taking place to reduce abnormal hair fall or alopecia. Have you ever thought how your character will lose its smooth pace due to abnormal hair fall? The rapid hair loss even disturbs the personality of a person. Baldness is another reason for lack of self-confidence. Experts are advising that to identify and understand the exact reason behind abnormal hair loss you should go for blood test or do a biopsy of your scalp. Then only the underlying disease can be detected and determined. You should always take an expert advice for your hair loss cure before applying or experimenting with the regular products available in the market.

Are you scratching your brain to get the effective preventions to cure hair loss?

Nowadays this has become such a common problem that numerous medicines are also available in market for hair loss cure.

The trioxinator is a medicine that was first used several years back. It was initially introduced as a medicine to comfort and provide relaxation of mind and to reduce tension and stress. Then it came as a leading medicine to prevent and restrain hair fall.

Even natural processes can be adopted to prevent hair loss. Experiments have proved that green tea has Vitamin C, Vitamin E, which helps to cure hair fall. Green tea is beneficial for health and it reduces weight.

Herbal and natural shampoos containing gooseberry, which is rich in Vitamin C can also prevent hair fall.

Medical experts have concluded that herbal and ayurvedic medicines are more effective to restrain hair loss than using chemical products, which have already captured the market. A clove of garlic everyday is highly effective in hair loss cure.

The hair experts are of the opinion not to apply different products of different brands for cure your hair fall, that might have an extreme negative effect upon your scalp. Therefore, it would be better to consult a medical professional or hair expert when your problem is in its initial stage.

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