



## Article Side

Invisalign and In-Ovation Braces for Teens in NY by [Landon Heath](#)

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Invisalign and braces are two ways teens can correct their misaligned teeth. Both are proven effective ways of straightening the teeth. However, they vary greatly in their advantages. Your New York dentist can help you decide which dental treatment is most appropriate for you.

Invisalign pertains to clear aligners that are easily worn over the teeth. They are removable and custom-made for maximum comfort. They are barely visible, so no one can tell you're wearing them. Those who don't want to have the traditional metal wires and brackets in their mouths would love the transparency of Invisalign.

The Invisalign dental treatment involves a few simple procedures. Each set of aligners are worn for two weeks and are removed only when eating, drinking, brushing, and flossing. Weekly, one can see an obvious change in teeth alignment, making the process of aligning teeth faster. The average span of treatment with Invisalign ranges from 6 to 15 months. On the average, aligners are changed from 18 to 30 times.

Like traditional metal braces, Invisalign works well with overly crowded teeth, widely spaced teeth, crossbites, overbites, and underbites. With Invisalign, patients do not experience abrasions or irritations that come from wearing metal braces.

Your dentist in Yonkers also offers metal braces. Although they are said to be a conventional means to straighten crooked teeth, they remain to be effective in giving patients a better-looking smile. Metal braces comprise of brackets, wires, and elastic ties. Teens can enjoy their metal braces because of the multi-colored bands and elastics they can choose from.

Your dentist in Yonkers NY may also offer In-Ovation System Braces which is a revolutionary form of braces. Its three types of brackets are all self-ligating, allowing the dentist to use less force when adjusting your teeth. The types of In-Ovation Braces include the In-Ovation R, In-Ovation C, and In-Ovation L. In-Ovation R's brackets are much smaller than the traditional braces. Its clip and wire does not stick to the patient's cheek and gum line. In-Ovation C, on the other hand, provides an esthetic option because it is made of ceramic. Ceramic translucency helps to camouflage the appearance of your braces, making it less prominent. Finally, In-Ovation L is also a great option because the brackets are bonded to the back of the teeth. This hides the braces, allowing the patient to maintain normal appearance in the duration of the treatment.

Any dentist Yonkers has also provides dental services for children, teens, and adults. Dentists would also recommend starting treatment at an early age. If you would like to read up some more on Invisalign and braces, visit websites that will help you understand which teeth alignment method will be good for you.

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