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Many people do not take full advantage of their gardens and don't think about how they could do more with them. For many people a garden is a place to grow plants and flowers, and to grow vegetables even, and is generally somewhere that they hope will look nice and make a good view from their conservatory window.

However a garden should also be a great place to sit in its own right, and if you can make it comfortable and tranquil then you will find that this can be one of the most relaxing spaces in your property as it gives you a space with fresh air and away from the noise and the demands that most of us have to deal with when we're indoors. No one asking if you can do anything for them, and no phone ringing – just the chirping of the birds a pleasant breeze. Here we will look at how to make your garden into an ideal resting spot.

Furniture

First of all you are going to of course want to have a spot in your garden where it is comfortable to sit down and where you can properly relax. This means buying some furniture such as a bench for purchasing on in the evenings and a sun bed for getting a tan during the day.

Often you will find that these are made from plastic or wood and so they won't always be that comfortable – of course this is necessary to avoid them getting wet and ruined should it rain. To make this more comfortable and to make it more pleasant to sit here then you should consider investing in some garden cushions too which you can rest your head on or sit on to avoid getting sore.

Another option is to have just cushions and to arrange these on the ground where you can arrange them to suit you.

Shelter

If you use garden cushions then you can hide these indoors overnight and bring them out only when you want to use them, thus avoiding the problem of them getting ruined by the weather. Likewise though you should also look into getting some shelter for your seating area so that you can put it undercover and this way you will be able to sit there even when it's raining which will in turn give you a great way to relax in the evenings – and as this will be complete with the sound of pattering rain above you you will find it even more relaxing.

Water Features

There certainly is something very restful about the sound of running water, and this is why rain on a tin or wooden roof is so appealing. Likewise though you might also want to consider creating a similar sound while you sit there during the day and you can accomplish this by using a water feature such as a fountain or waterfall, or even a fish tank which can also create a serene neon glow to further help you relax and unwind.

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