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Functions of Chiropractic Tables by [Julia Roger](#)

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Chiropractic tables are special tools used as medical equipments and used for chiropractic therapies. Medical students are provided special training on how to use such tables effectively and they are the ones who are well versed in handling such equipments.

When one visits a clinic for such treatments, the medical staff concerned, also called the chiropractor first asks the patient to walk around in order to assess the musculoskeletal system of the patient. Along with this, the patient is interviewed to get a feeling about the specific problems of the patient. After that, the doctor makes the patient climb onto a chiropractic table for treatment and as understandable the key lies in selecting the correct stool for the patient failing which will make the treatment less effective.

From both patients as well as the doctor's point of view, the chiropractic tables are required to be comfortable for the patients. Such settings are mostly padded up so that the patients feel comfortable lying on the surface. Head rests are provided in most cases which allow the patient to keep the body in a balanced shape. To make it comfortable for the doctor, the height is adjustable which can be manually set to a desired level by the doctor.

Some of the modern equipments are fully hydraulic which makes the system even easier to operate and safe for the patients. Apart from all these technical aspects, designers also takes special care in ensuring the tables are safe enough for the patient using them. To make it safe and hygienic, they come with a slipcover to prevent pathogens getting transferred from one patient to another. The design is also purely sterilized to provide optimum safety to the patients lying over its surface.

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