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Science is perhaps the widest subject in the world and technology is the reason why it is becoming even wider as each day passes. There are so many technological advancements that have taken place to ensure that everyone is able to get themselves the best that science has to offer. Take for instance capsule endoscopy for many people, this is something totally new, in fact it has started gaining popularity a few years ago.

In lay-man's language a capsule endoscopy is simply a procedure that involves taking photographs of the small bowel. It involves the swallowing of a pill-sized capsule which contains a photographic camera inside it. This camera is the one that takes the photographs of the small bowel. The small bowel is fairly hard to examine using the traditional methods, thus the use of a capsule camera comes in very handy to improve and simplify diagnostics pertaining to this area.

Now this is where Dr. Stuart Cairns comes in. He is a consultant physician and experienced specialist in capsule endoscopy Sussex. As stated earlier, this is a relatively new field of medicine therefore getting a physician who has experience in this area can be quite hard. But with Dr. Stuart Cairns you can rest assured that you are in good hands. He trained at King's College Hospital in London then undertook a medical training in Cambridge, The Middlesex and University College Hospitals in London. He also runs colonoscopy training courses for junior doctors and consultant surgeons both in UK and abroad.

Colonoscopy just like the name suggests involves the examination of the inner lining of the colon. This procedure has been around for some time but you need an experienced doctor to perform it on you. You will be able to get the best colonoscopy Sussex has to offer if you take your time to consult with Dr. Stuart Cairns. The colonoscopy procedure involves passing a flexible tubular telescope called a colonoscope into the colon.

The most important thing about the colonoscopy and the wireless capsule endoscopy is that they are useful in determining the cause of certain symptoms or you can have it done simply as a routine check-up. The good thing about these procedures is that they take less than a day to complete. You do not have to stay overnight at the hospital.

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