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Many people have a deep-seated fear of dental implants, a fear that is empty and hugely unfounded. In the hands of a professional, dental implants are the best way to have new teeth while preserving the old ones, thus promoting good dental health. Read on to understand why youâ€™ve got nothing to fear about dental implants.

Some people reluctantly agree to a dental implant procedure or when there seems to be no other choice. Yet in truth, dental implants are the best solution in cases of substantial dental damage or decay. Most people would prefer dentures; yet with dentures, your jaw will soon lose its shape over time because the adjacent teeth will collapse on the voids left by missing teeth.

In contrast, dental implants take the place of natural tooth roots and serve as highly stable anchors for replacement teeth. Since they fuse with the bone, they stop the further loss of jaw bone mass and keep existing teeth in their proper places. When installed properly, they can last up to a lifetime and require minimal upkeep.

Dental Implant Procedures Are Nothing to Fear

It is not uncommon to hear a dental patient talk about his or her dental implant procedure as â€œevery painfulâ€•. This is very unfortunate, but thatâ€™s not how things usually are. When carried out correctly, a dental implant procedure is no worse than a normal filling though comparatively longer.

A dental implant procedure can be broken down in two basic steps. First, your San Diego dentist will insert a dental implant into your jawbone and allow 3 to 5 months for osseointegration â€“ the natural bonding of implant and bone â€“ to take place. This will ensure a perfect foundation for teeth replacement. Once osseointegration is complete, a new tooth will now be placed into your jaw.

Dental Implant Materials

A San Diego dentist may use various materials for the implant. The cheapest ones are made from monomer, a resin-based material. However, not anyone could have this installed because it can cause allergies. The usual choices are titanium and stainless steel implants. By far, the most expensive ones are made of white zirconium and look just like normal teeth.

Most importantly, aside from looking like normal teeth, a successful dental implant procedure will also feel normal. Any San Diego dentist will tell you that dental implants may feel strange at first, but over time, you wonâ€™t be able to tell the difference. You can learn more about dental implants by visiting www.perio.org/consumer/2m.htm.

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