



## Article Side

Pure drinking water is indispensable for a fresh and flourishing life by [Johnstuard](#)

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It has always been a popular proverb that health is wealth. A nation cannot stand firmly without its healthy citizens. Nutritious food and pure drinking water is one of the major factors behind a healthy and successful nation. Therefore, citizens should opt for good and effective water purifiers to keep themselves safe from diseases. Pure water is one of the basic requirements for every living being. Water purification has also undergone changes. Therefore, reverse osmosis water purification is one of the oldest processes.

Several researches have proved that water that are sold and delivered to customers by different companies are not safe enough. Contaminants like chlorine, herbicides, and pesticides are found in them. If such impurities are infused within the human body, several diseases are caused. Different companies put chlorine to manufacture pure drinking water, however, only chlorine implication cannot purify water from the bacteria and virus present in it. Ingesting chlorine can cause headache, allergies and even respiratory problems. Too much chlorine ingestion can result cancer. Therefore, people should be conscious while drinking water from anywhere.

Recently, various companies are manufacturing water purifiers to provide pure drinking water. Chlorine, pesticide, and herbicides are dangerous for health. Therefore, to free water from such chemicals, water purifiers are highly in demand. Besides, water filters there are numerous portable filters available in the market. Such purifiers can be attaches in the mouth of the taps to get immediate filtration. However, they are not that much strong like the UV filters. Most of the filters that are available today have the facility to purify water by the ultraviolet ray. It also needs mention that, some purifiers kill all the important minerals of water. Human body requires such minerals of water. Therefore, pure drinking water does not mean water free from all necessary minerals.

Earlier, reverse osmosis water purification process is an old process of water purification. It was only used in the printing industry. It was highly popular in the field of printing; however, this process did not gain much success while purifying drinking water. Researches have established that reverse osmosis water purification process removes all minerals from water. Therefore, such mineral free water may be required for printing or film making; however, it is not required in the human body.

The major fault of reverse osmosis water purification process is it does not remove chlorine from water. Chlorine is lighter than normal water; therefore, this purification process cannot block this substance. Water purifiers available in the market are much safer than any other purification process and people should opt for such modern technology.

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John stuard who is a freelancer writes articles on a [reverse osmosis water](#). For more information on it he suggests to visit a <http://www.pureh2o.net/>.

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