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Lancaster PA Dentists Taking Children to the Dentist by [Shea Stevens](#)

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Taking children to the dentist can be very difficult, especially if they're very young or scared of the loud instruments. Parents from all over the US struggle to convince their kids to go to the dentist office - including Lancaster, PA. Dentists can play a huge role in teaching children that there's nothing to be afraid of when comes to getting your teeth cleaned. Sometimes, all it takes is a gently reminder that there isn't anything in the office that will hurt them. That being said, young children shouldn't be forced to be in a room that terrifies them because this will create negative memories, and possibly prevent them from going to the dentist in the future as adults.

When you're choosing the best Lancaster PA dentists, consider which dentists are good with children. For example, there is a dental clinic in Lancaster that is has a country western theme, and the dentists even dress up like cowboys! Let your child watch you get your teeth cleaned a few times before you have them go in for their own appointment. This will allow them to get familiar with the process, including the tools, before they have to experience it. Oftentimes, just seeing mom or dad in the chair is enough to convince them that getting their teeth cleaned is okay. Of course, you will want to find someone who can go with you to watch them while you're in the chair so that they aren't left unsupervised.

Many Lancaster, PA dentists don't mind if your child brings a toy or something else to play with while they're waiting. For example, handheld gaming systems are a good way to distract kids from the apprehension that they may feel when they're sitting in the waiting room. Books work for some children, as well. However, it's best to refrain from bringing objects that make loud noises because they will disrupt the other people who are waiting in the room with you.

Most Lancaster, PA dentists offer younger children a treat or a toy after they are done with their appointment. This can often help ease the anxiety that they are feeling, and make them want to come back again for another reward. Lancaster PA family dental offices are close to some interesting parks and activities, so you may want to consider taking your child out to have fun after their appointment. For example, you can take a trip to Zoo America or Plumpton Park Zoo after you leave the dentist, which is fun for both children and adults!

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