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Pick Right. You'll be stuck with them for a while.

Shopping tips on picking out glasses that will work best for you.

Choosing the types of glasses you will wear is an important decision that will affect your entire year. You only need to buy glasses once a year. Most people just stick with what they buy. So choose wisely. Make sure they are the correct size and shape to match your face. They should highlight certain aspects about your inner beauty and creativity that you wish to be outwardly expressed. In the end there is no science to picking out the perfect pair of eyeglasses. Use your best judgment, ask the attendants at the store and pick something you're going to love. Take your time, no matter how annoyed the salesperson might get. If they are good at what they do, they'll allow you the space to check out exactly the pair that is right for you. With all that said, here are a few expert tips on how to pick out the perfect pair of eyeglasses.

Everyone has a different face. Your face will determine the types of frames that suit you and which style of frame just won't look right. Always take into account what your face shape is. This will help you select styles, colors and sizes that look best. Don't choose something that will look too small or too big. More than anything, this is the number one mistake people make when choosing their frames. By understanding what your face shape is, picking out what frames will be easier. You can now knock out a whole list of frames that just won't work and concentrate on what will. Let's discuss what shapes there are.

Oval Faces

On oval face is ideal for balanced proportions. Normally this type of face has a rounded chin and rounded forehead. It appears longer than wide and the forehead appears to be slightly wider than the jaw. Remember that this is all an appearance. Your head is not actually oval but when put into a two dimensional view, it just seems that way. To maintain a well balanced look, frames that are wide or slightly wider than the broadest part of your face are ideal. Also, walnut shaped frames that are not too deep or narrow are suitable. Luckily, people with an oval face have the option of choosing a wide variety of frames.

Rectangle Faces

Your face could be more rectangular. This means you have a longer face with a square chin, a strong jaw line and long nose. For these types of faces, choosing square frames is the best. It helps make the face look shorter and well balanced. Also decorative or contrasting temple designs will allow the face to seem wider. This will also give the appearance that your face is not too long. A frame with a low bridge will also shorten the appearance of a long nose. This offers balance in the face and giving the overall appearance that your face is squarer than rectangular. Rectangular faces are suitable for modern styles that are very popular today.

Triangle Faces

Triangular faces include a broad forehead with the face tapering down to a narrow, round chin. Often this face has a lack of a strong jaw line and looks like an overbite is in place. The best frames for a triangular face minimize the width of the top of the face while enhancing the emphasis on the lower half of the face. Light colors, light materials and rimless frames are great for this type of face.

Also, small square or rounded glasses achieve the balance you need to look great.

Diamond Faces

Diamond faces are the rarest of the face shapes. They are defined by a narrow forehead, wide cheekbones and a narrow chin. Diamond faces are usually narrow around the eye and jaw line with wide cheekbones. With a face shape like this, the idea is to highlight the eyes. Drawing attention to your eyes gives the area more width and balance out the face. Frames that offer unique detailing and distinctive brow lines are perfect for achieving this effect. Rimless frames, oval shapes and dramatic outsize frames will give you the best appearance.

Hair Color

The same reasoning for choosing frames that fit your face go into choosing frames that match your hair color. Complementary frames will not clash with your hair style and will highlight your complexion. If you have fair (blonde, light brown, red) hair, soft pastel shades, transparent frames and metal frames are great. They won't overwhelm your face and will work well with your skin tone. Black or brown hair work great with dramatic frames. They highlight the drastic difference between your hair color and face color and work well to soften other features. Drastic frames draw attention to the eyes.

No matter what you learn here, consult the experts at your store. They sell thousands of these frames a year and know what looks great for style and functionality purposes. Bring a friend as well when you're shopping. Another set of eyes can really make the difference.

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