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By manipulating the flow of water these hot tubs have a massaging effect that relaxes since water is known to be therapeutic. Hot tubs are available for residential as well as commercial installations.

Here is an overview of the three types of hot tubs and swim spas in North Irelandbased on the purpose:

• Hot tubs for relaxation:These are used by residences and public utilities like hotels and spas. Users enjoy relaxing in these tubs. They come with a variety of features.

• Massage hot tubs: These come with jet systems supplying warm water targeted at specific parts of the body for a massage-like effect.

• Hydrotherapy hot tubs: These are used especially for relieving pain and treating chronic health conditions.

Hot tubs in Ireland can also be classified based on their construction. They are:

Inflatable hot tubs

These are made of vinyl, plastic or nylon and considered the least expensive and are portable. They are easy to install, do not weigh much and can be carried around anywhere. These are ideal for those with limited space. All they need is a flat surface, inside the house or outside. Once plugged in, they are ready to use.

Wooden Hot Tubs

Probably the most durable option, wooden hot tubs in Irelandis the traditional option in spas. Usually made from teak, oak or redwood, these are usually installed outdoors, permanently. They use fire as their source of heat and the user sits on the bench along the inside of the hot tub. Wooden hot tubs need maintenance.

Acrylic Spas

These are the most popular swim spas in Northern Ireland and can take up to ten people. Installed above-ground over a flat concrete surface, these spas look pleasing and have everything required to operate them, including the pumps, heaters, filters, plumbing, and blowers. These pre-fabricated units are ready to plug in and use.

In-ground spas

These hot tubs in Irelandcan take up to sixteen people and are installed professionally, involving construction, plumbing and electrical work. Heating is usually through an electrical connection, solar power and gas. These spas have external pumps, heaters and filters.

Hot tubs are popular as exercise tubs, also called swim spas in Northern Ireland as they not only allow swimming in place, but also a variety of features such as seats with a series of water jets for therapeutic use, a heater, a system for water circulation and filtration and controls for these features. Thesehot tubs can be self-contained or non-self-contained factory built spas. In a self-

contained hot tub, the water heating, circulating and total control is built in. In a non-self-contained hot tub the hating and circulating components are not a part of the spa. The accessories must be chosen as per requirements separately.

With the choice available, there is a hot tub for every type of space and lifestyle.

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Oasis Leisure is a leading supplier of a <u>Hot Tubs Ireland</u> region. Oasis Leisure has extensive experience in the designing and creating Hot Tubs and a <u>Swim Spa Northern Ireland</u>.

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