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Going on holiday is supposed to be at last a chance to relax and unwind and to let all of the problems that you face on a day to day basis drift away. When you're on holiday somewhere that caters to all your needs then you don't need to worry about work phoning, you don't need to worry about having too packed a social calendar, you don't have to wash the dishes or clean your floor and you never feel bored or lethargic. All you need to do on holiday is to lie back on a sun bed and soak up the rays, and perhaps have a jump in the pool when it starts to get a bit too hot.

That said though there might still be one or two things that can make the holiday a little more stressful and keep you a little more busy – and they include for instance the simple fact that you will probably have kids with you – which will mean that you need to make sure that they are happy and quiet and that they're behaving. And not screaming so everyone else in the complex can't relax. Or running too close to the pool. Or crying. Or thinking about leaving the complex. Because kids don't seem to like just lying still and tend to prefer running around screaming and making noise//causing trouble. This is why it's so important for you to make sure that your children get at least some form of entertainment and aren't left entirely to their own devices.

And that's why you can often find plenty of services aimed at entertaining your children while you relax. These are an absolute Godsend for any parents who want to relax but whose children have other ideas and there are a number of different activities you can get them involved in to this end. Here we will have a look at what those are.

Singing: Many hotels have animation teams and one of the things they often do is to have singalongs and dancing competitions with the kids. This can get them all involved and having a good time and they will tend to enjoy the experience more than just sitting about – especially as they will normally be child-friendly songs that they know and enjoy already.

Games: There are plenty of children's games that can keep your sprogs busy while you enjoy working on your tan. Not only are these often a great way to get your kids out of your hair for an hour, but they are also ideal for wearing them out so that when they do come back they will be happy to just sit down and read for a while.

Games and Things to Read: Of course there are also things you can do yourself to ensure that your kids are happy and entertained. One great option is to provide your kids with a DS or a PSP which will normally keep most kids busy for hours on end. Alternatively you can try them with a magazine or any of the many options that are likely to be on offer there.

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There are lots of fun a thing to do for kids when they are on holidays. We often visit this a phillip island attraction which has lots of activities and games that the whole family can enjoy.

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