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Kayak fishing is a form of fishing from a kayak. The kayak has long been a means of transportation and a means of accessing fishing grounds. Kayak fishing has gained popularity in recent times. Kayaks were originally developed by indigenous people living in the Arctic regions, who used the boats to hunt on inland lakes, rivers and the coastal waters of the Arctic Ocean, North Atlantic, Bering Sea and North Pacific oceans. These first kayaks were constructed from stitched animal skins such as seal stretched over a wooden frame made from collected driftwood, as many of the areas of their construction were treeless. Archaeologists have found evidence indicating that kayaks are at least 4000 years old.

Earlier kayaks were not used for fishing, however in the recent times; fishing kayak has suddenly gained popularity as a sport both in fresh water as well as salt water. Kayaks are preferable as they can be easily stored and are easy to launch as well, that is why increasingly people are seen modifying their kayaks for fishing needs and molding them into fishing kayak. These kayaks are equipped with fishing rods, fishing nets, extra paddles, anchors etc. thus these are slightly different kayaks then the traditional kayaks used for transportation.

Even the mechanism of this fishing kayak is different than that of the regular kayak. Since there are additional equipments on the kayak, it is important that the balance of the kayak is maintained along with the option to store supplies for the fisherman as well. They have a wider frame than that of the traditional kayak. Also they are sit-in or sit-on-top kayaks. Some kayaks also allow the fisherman to stand on it while fishing which gives him greater freedom of mobility. There are also kayaks propelled by flippers or propellers and a foot mechanism. These kayaks offer hands free fishing and all the benefits associated.

The fishing kayak is indeed a development in the evolution of the humble kayak. It has helped in the commercialization of the kayak making business as well as the kayaking world. More fishermen opt for the fishing kayak as it gives them a lot of benefits. Also there are many people who take to fishing as a hobby or as leisure. Some of the biggest benefits of kayak fishing are in the ease of use and transportation, the affordability of the equipment compared to boats, they're an eco-friendly watercraft, and they provide both form, function, and fun.

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